TOTAL TRAINING Solution



UNRIVALED LMS TECHNOLOGY

Much more than your average LMS P3

CONNECT TO A WORLD OF SAFETY

Access hundreds of online safety courses through your own custom-branded learning portal

- √ Upload your own courses
- √ Store training records
- ✓ Access all certificates online
- √ Schedule classroom training
- √ Compile driver histories
- √ Track employee rewards



Unrivaled LMS Technology

Much more than your average LMS

Many organizations struggle to manage employee training, track certifications, and ensure compliance with safety standards.

The solution?

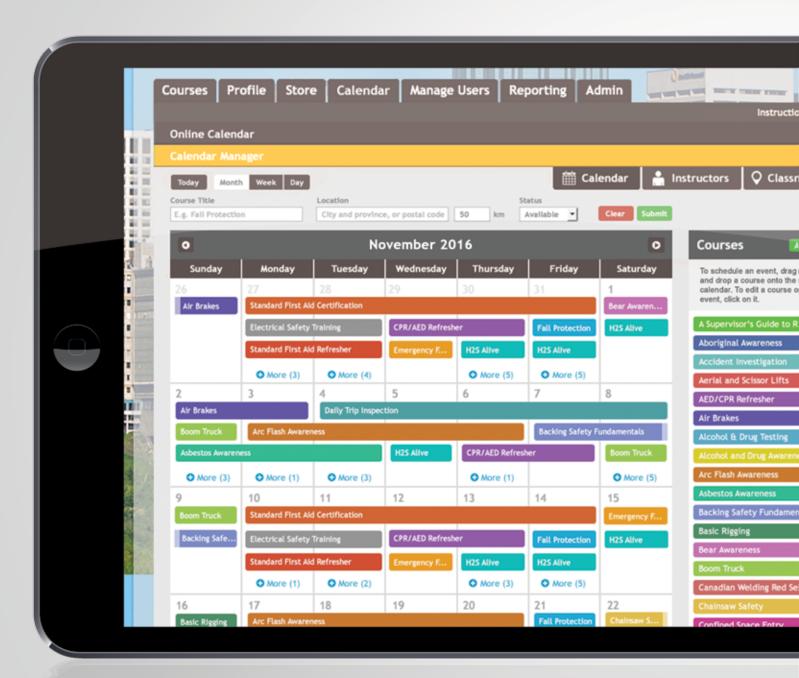


An industry-leading Learning Management System that meets these challenges and more by offering a comprehensive suite of training management features.

- Online training booking calendar
- Integrated **performance management** application
- Driver information management tool
- Reward tracking feature
- Comprehensive training record management system
- Built-in safety course library with hundreds of titles available on demand

Read on to learn more.

Training Calendar



Classroom Training Made Easy

Managing classroom training is simple with the integrated Training Calendar. Whether you want to train your employees, customers, contractors, or management team, the advanced classroom booking calendar allows you to create training events, reserve classrooms, assign instructors, and enroll participants while effectively managing all the details, including payments, minimum and maximum enrolment levels, waitlists, course materials, and more. Need to reschedule a training session? No problem. It's as simple as dragging and dropping it onto a new date; the system automatically notifies all registered participants and instructors for you.





Classroom Management

Create unique classroom profiles containing information relevant to all instructors and trainees, like location address, room capacity, muster points, designated parking areas, washroom locations, and available equipment.

Course Management

Manage courses by assigning them a unique title, ID number, and description. Once done, enter requirements, designate approved instructors, and set the price, minimum and maximum enrolment levels, and course duration, including daily start and stop times.

Instructor Management

Designate approved instructors by uploading their training history and résumé, when available, and selecting the courses they are certified to teach. Instructors will be automatically notified and asked to confirm availability for each course they are scheduled to instruct.

Benefits:

- Instantly schedule training events by dragging and dropping courses onto the calendar
- Reduce administration via self-registration and automated notifications
- Never double-book a classroom, instructor, or trainee again

Performance Management

Before employee performance can be improved, it must be measured. The challenge is efficiently and effectively organizing, storing, and accessing the information gathered. Using the built-in Performance Management application, you can digitally track and centrally store all of your employees' performance reviews, annual assessments, competency validations, and more.



Benefits:

- Centrally store and manage thousands of employee documents and forms
- · Access information on demand for compliance and audit reasons
- · Quickly retrieve historical employee performance data for review, follow-up, and improvement



Driver Management

Ensuring your commercial drivers are in full compliance with regulations can be an arduous task. To make it easy, the integrated Driver Information Management tool compiles and digitally stores your drivers' complete training history, including current and expiring certificates, as well as licence information, risk class, abstracts, traffic violations, collision information, annual assessments, medical and DOT certifications, hazmat endorsements, and consent forms.

Benefits:

- Access your drivers' information from Internet-capable mobile devices
- Avoid situations of non-compliance through automated notification of expiring certifications, licences, and other important driver credentials
- Generate comprehensive on-demand Excel reports that you can sort, filter, and utilize to quickly dispatch or review all
 of your drivers at a glance

Reward Tracking

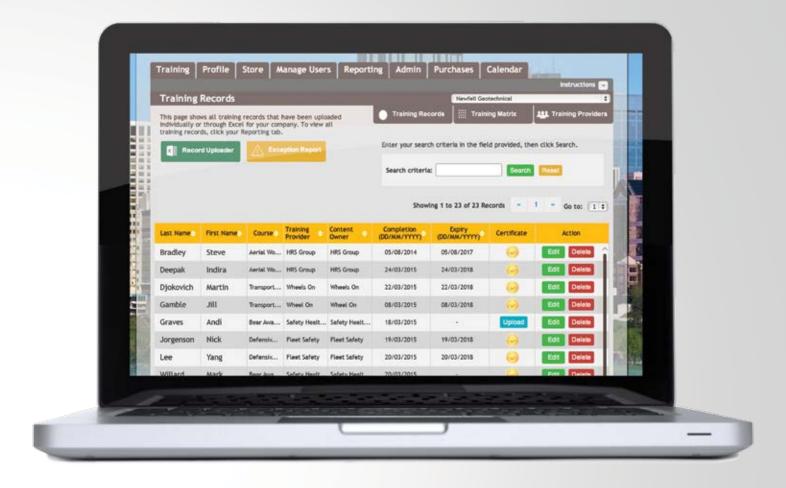
Are you looking for a way to help strengthen your organization's culture? Recording and recognizing positive behaviours not only encourages their continued future performance, but supports improvements in other areas such as employee engagement and productivity. The built-in Reward Tracking feature allows you to create five distinct performance levels for your employees to achieve, track and award points based on performance, record explanations for point assignment, and manage point redemption.



Benefits:

- Retain valuable employees by acknowledging and rewarding their efforts
- Use positive reinforcement to motivate employees to put in effort over and above what is required
- Increase overall performance levels across your organization

Training Record Management System



Centrally Manage and Maintain All Training Records

Stop wasting valuable time, money, and energy manually tracking employee training records in Excel. Centrally manage and maintain all records using an advanced cloud-based Training Record Management System.

Have lots of records? No problem. Using Excel or API technology you can upload thousands of training records in minutes.

To further increase ease and efficiency, use your mobile device to access records and receive email notifications

when your employees' training is about to expire so you don't find out when they arrive on the job where delays can be costly.

Wish you could automatically assign training to employees based on job description and location? It's easy with the integrated training matrix. Assign approved courses to each job description and location, then have the system automatically provide all employees with access to required online training or, if classroom training is required, the contact information of the training provider.

Benefits:

- Upload records using Excel as soon as training is completed
- Provide employees direct and easy access to their required training
- Eliminate the need for manual searches of expired or expiring tickets

Course Library

Demand for training continues to increase as amendments to government regulations are made and new training standards are set by a variety of independent industry bodies. The result is an ever-increasing need to invest further in training in order to achieve compliance.

Online training can help supplement a blended learning model, combining online theory delivery with on-site or in-class hands-on instruction and testing. It saves companies significant time and money by providing fundamental knowledge to trainees before class even starts, streamlining the learning process.

The central course library is a publically available repository that includes hundreds of premium online safety courses. Each course is created with a unique combination of multimedia elements, which may include high-impact videos, interactive games, dynamic animations, captivating graphics, voice-over audio, and probing questions designed to help engage trainees.

Training topics cover many areas including:

Safety

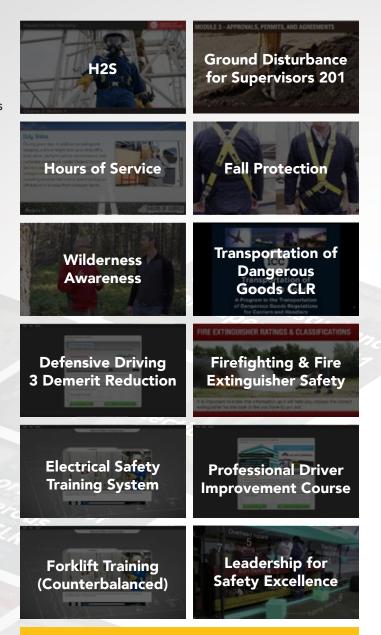
Safety training requirements often depend on a variety of factors, including the industry, work site, task performed, and job title. These safety training courses will help your employees stay up-to-date on everything from electrical, confined space, and ground disturbance protocols to chemical, biological, and physical hazards including appropriate preparation, planning, and PPE.

Driving

Included in the central library are many courses applicable to anyone who spends significant time in the driver's seat. Courses in this subject area cover advanced defensive driving techniques and strategies, safe backing procedures, fatigue and stress management, winter and distracted driving, as well as hours of service and weights and dimensions regulations.

Equipment

Ensuring that everyone in your company knows how to stay safe when working with or around equipment is extremely important. Equipment safety courses help accomplish this objective by providing insight into the components and basic operation of equipment commonly found on work sites such as aerial lifts, scaffolds, forklifts, fire extinguishers, chainsaws, and cranes.



Soft Skills

The competitive advantage of any company starts and ends with the talents and skills of its employees. This is why soft skills training is valuable for employees at every level of your organization. Enrolling them in online personal development training can help them acquire and hone skills necessary for building a stronger, more resilient organization.

Awareness

Awareness courses provide your employees with fundamental knowledge of various subject areas, including workplace inspections and violence, accident investigation, cultural diversity and discrimination, harassment prevention, ergonomics, substance abuse, environment management, and more.



A Supervisor's Guide to **Reasonable Suspicion Testing**

\$49.95

This online course teaches supervisors how to detect signs of substance use and provides appropriate actions to take when approaching a driver who is suspected of being under the influence of alcohol or drugs.

- Testing requirements and processes
- Knowing when to test
- Ordering tests
- Return to duty

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Aboriginal Awareness

\$195.00

This online Aboriginal Awareness course introduces the concept of culture to set the foundation for discussion of Canada's Aboriginal people including their values, concerns, and history.

- What is culture?
- · Becoming culturally aware
- Who are Canada's Aboriginal people?
- Aboriginal history
- ► Duration: 90 Mins
- ► Passing Mark: 80%

Advanced Rigging

Load turning

► Developed By: Sotera Safety Inc.



Accident Investigation

While many accidents seem to happen for obvious reasons, there may be things that contribute to an accident which are not always apparent. This high-impact online training course covers the essentials of accident investigation.

- The goals of accident investigation
- Root-cause analysis
- Assisting in an accident investigation
- · Reporting near misses

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



 Off-level pick points ► Passing Mark: 70% ► Developed By: Industrial Training International

This online Advanced Rigging course examines winch and

block applications, explains the nature and application of

load drifting, teaches you how to do calculations using the

Master Rigger's Reference Card, and explains how to move loads with mechanical, hydraulic, and air systems.



AED/CPR Awareness

This online AED and CPR Awareness course provides automated external defibrillation (AED) and cardiopulmonary resuscitation (CPR) skills review and practice using realistic scenarios.

- Legalities
- Cardiovascular emergencies
- Cardiopulmonary resuscitation (CPR)
- Automated external defibrillation (AED)

▶ Duration: 60 Mins

► Passing Mark: 80%

► Developed By: Rescue 7



Aerial and Scissor Lifts

 Levers, jacking, and rolling Chain hoists and load drifting

This online Aerial and Scissor Lifts course covers the safe operation, inspection, and anatomy of powered industrial aerial and scissor lifts.

- Anatomy and components
- Inspection and records
- Aerial lift regulations
- Common hazards

► Passing Mark: 80%

► Developed Bv: Hard Hat



Aerial and Scissor Lift Safety

\$79.95

This online course helps learners identify, inspect, and safely use aerial and scissor lifts.

- · Types of aerial lifts
- Aerial lift hazards
- Inspections
- Safe work practices

► Duration: 20 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



► Duration: 3 Hours

Air Brakes Study Guide

This online Air Brakes course is designed as a refresher and study aid for individuals who will write an Alberta Air Brake knowledge test at a registry. This course is also ideal for individuals or corporations with employees who need air brake refresher training.

- Air brake system overview
- System failures
- · Driving tips
- Air-operated disc brakes
- ► Passing Mark: 80%
- ► Developed By: Fleet Safety International



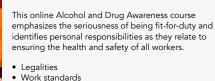
► Duration: 35 Mins

Air Emissions Management

This online Air Emissions Management course helps learners understand emission regulations and how to comply with them.

- Purpose and goals of the Clean Air Act Amendments of 1990
- Attainment and maintenance of NAAQS
- Hazardous air pollutants
- Air permitting process
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning System

Alcohol and Drug Awareness



- Work standards
- Testing
- Consequences
- ► Duration: 30 Mins
- ► Passing Mark: 80%
- ► Developed By: Apex Integrated West



Alcohol & Drug Testing: Driver Awareness

This online Alcohol & Drug Testing: Driver Awareness course provides drivers with information about the Department of Transportation's (DOT) alcohol & drug testing requirements.

- Alcohol and drug prohibitions for drivers
- Testing types
- Alcohol and drug testing procedures
- Consequences of violating the prohibitions

► Duration: 60 Mins

- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Arc Flash Awareness

This online Arc Flash Awareness course offers a wellrounded approach to the basics of electrical safety and helps increase understanding of the dangers of electricity from both a shock protection and an arc flash point of view.

- What is an arc flash?
- · Effects of an arc flash
- Protection methods
- Approach boundaries

► Duration: 75 Mins ► Passing Mark: 80% ► Developed By: A & E Training and Technical Solutions



Articulated Boom Truck (Knuckle Boom)

This comprehensive online Articulated Boom Truck course meets requirements for powered industrial articulated boom trucks, also known as knuckle boom trucks.

- Anatomy overview
- Crane operations
- Set-up considerations
- Mobile crane hazards

► Passing Mark: 80%

► Developed By: Hard Hat



Asbestos Awareness

This online Asbestos Awareness course educates learners about the effects of asbestos and ways to identify and mitigate risks related to exposure.

- Exposure risks
- Health effects
- Exposure control
- Worker rights and responsibilities

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Asbestos Hazard Awareness

This online Asbestos Hazard Awareness course is specifically designed to provide an understanding of the hazards associated with working around asbestos.

- Workplace hazards
- Materials containing asbestos
- · Rights and responsibilities
- Control measures for minimizing exposure

► Duration: 30 Mins

- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Back Safety

This online Back Safety course covers safe lifting practices as well as important information that all individuals should know about the most common back injuries.

- Anatomy of the back
- Whole Life-Health cycle
- Lifting safety
- Back exercises

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Backing Safety Fundamentals

This online Backing Safety Fundamentals course explores the main risks associated with backing up a vehicle and offers simple solutions to reduce those risks.

- Avoiding backing up
- Circle checking
- Looking back
- Practice

► Duration: 30 Mins

- ► Passing Mark: 80%
- ► Developed By: Thinking Driver



Backing: Tractor-Trailers

This online Backing: Tractor-Trailers course is designed to provide tractor-trailer drivers with solid training on one of the most important and commonly used driving manoeuvres: backing up.

- Dangers of backing up
- Basic guidelines for reducing backing risks
- How to survey an area before backing up
- Tips and techniques for backing up
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Basic Rigger

\$145.00

This online Basic Rigger course provides a quintessential introduction to rigging activities through discussion of rigging equipment, rigging equipment selection, and proper inspection techniques.

- Hitch capacities
- Sling protection
- Rigging identification
- Rigging inspection
- ► Passing Mark: 80%
- ► Developed By: Industrial Training International



BC Safe Driving

\$95.00

This online BC Safe Driving course is a comprehensive defensive driving program designed to teach responsible driving practices and help drivers of all experience levels to become better drivers. This course covers the rules of the road and the obligations of drivers.

- Components of your vehicle
- Attentive driving activities
- Traffic safety laws
- Driving conditions
- ► **Duration:** 3.5 Hours ► **Passing Mark:** 70% ► **Developed By:** Canadian Online Training Corporation



Bear Awareness

\$29.9

This online Bear Awareness course covers information that assists in the identification of different bear species and explains how to react appropriately should a bear be encountered in the wild.

- Characteristics of bears
- Differences between black bears and grizzly bears
- Bear country activities
- Bear confrontations
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: HSE Integrated



Bear Awareness Online

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\$48.95

This online course provides information that prepares you to handle situations that you may encounter when working, hunting, camping, or travelling in bear country.

- Physical traits and behaviours
- Recognizing defensive and non-defensive attacks
- When and how to play dead
- Using and handling bear spray
- ► Duration: 60 Mins
- ► Passing Mark: 80%

► Developed By: Safety Health Publishing



Bloodborne Pathogens

\$49.95

This online Bloodborne Pathogens course helps employers to provide a safe and healthy work environment for their employees and minimize the possibility of employee exposure to bloodborne pathogens.

- Transmission
- Prevention
- Workplace exposure
- Emergency response
- ► Duration: 45 Mins ► Passing
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Bloodborne Pathogens: Exposure in the Workplace

\$49.95

This online Bloodborne Pathogens: Exposure in the Workplace course provides important information that workers and supervisors can use to protect themselves from being exposed to blood or blood-containing materials in the workplace.

- Exposure control plan
- Personal protective equipment
- Responding to emergencies
- Signs and labels
- ► Duration: 60 Mins ► Passing Mark: 80%
- ► Developed By: JJ Keller



Boiler and Pressure Vessel Design Registration

\$50.00

Help ensure your design registration package is accepted by ABSA the first time you submit it with this comprehensive Boiler and Pressure Vessel Design Registration course.

- Definitions of boilers and pressure vessels
- Boiler and pressure vessel design registration exemptions
- Required boiler and pressure vessel registration documentation
- ► Duration: 40 Mins
- ► Passing Mark: 80%
- ► Developed By: ABSA



Boom Truck

COMING SOON

This online Boom Truck course covers information important to the safe inspection, operation, and loading of boom trucks.

- Performance of required inspections
- Safe operating practices including use of hand signals
- Rules and responsibilities
- Use and interpretation of load charts
- ► Duration: TBA
- ► Passing Mark: TBA
- ► Developed By: Crane Safety Ltd.



Boom Truck Awareness

\$89.9

This comprehensive online Boom Truck course provides information on the safe operation of powered mobile cranes. This course meets OSHA requirements for powered industrial boom trucks.

- Anatomy and components
- Crane stability and load charts
- Basic rigging principles
- Safe operation
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: Hard Hat



Bucket Rescue

\$49.9

Accidents sometimes happen that require an employee to rescue a co-worker. This online Bucket Rescue course provides information necessary to respond appropriately if a bucket rescue is required.

- Tilt and non-tilt bucket rescues
- Corner mount rescues
- Safety procedures
- Responsibilities and requirements
- ► Duration: 30 Mins

► Duration: 25 Mins

- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Canadian Welding Red Seal Self-Assessment

\$94.95

This online practice exam can be used to assess your welding knowledge prior to challenging the Red Seal journeyman exam.

- Identify knowledge gaps
- Focus on topics in need of further training and review
- Shorten Red Seal exam preparation time
- Customize your training
 - ► Passing Mark: 75%
- ► Developed By: CPI Training

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Cardiopulmonary Resuscitation

\$59.9

This online Cardiopulmonary Resuscitation (CPR) course helps learners recognize the signs of cardiac arrest as well as respiratory and choking emergencies and teaches them how to provide effective defibrillation, CPR, and abdominal thrusts.

- Responding to a cardiac or respiratory emergency
- Protecting yourself if blood is present
- Giving CPR to an adult
- Providing early AED defibrillation
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems

* Prices subject to change

► Duration: 90 Mins

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Cargo Securement Dry Vans

The online Cargo Securement for Dry Vans course explains key concepts and regulations related to the loading and securement of cargo for dry vans.

- Federal Motor Carrier safety regulations
- Pre-trip and dock responsibilities
- Load placement and securement
- En route inspections

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Cargo Securement Flatbeds

This online Cargo Securement Flatbeds course explains the fundamentals of flatbed cargo loading and securement procedures as well as driver pre-trip and en route responsibilities.

- Tie-down restraining capacities
- · Pre-trip planning and responsibilities
- Direct and indirect tie-downs
- Securement procedures for various commodities

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Caught-In or -Between Hazards in Construction

This online Caught-In or -Between Hazards in Construction course teaches you how to recognize and avoid these types of hazards.

- Common caught-in or -between hazards
- Recognizing these hazards on construction sites
- Protecting yourself
- Employer requirements to protect workers

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Chainsaw Safety

Chainsaw safety is critically important as chainsaws are often the most dangerous tool on a work site. This online Chainsaw Safety course increases understanding of the dangers of chainsaws and the steps required to operate them safely.

- Safe chainsaw handling
- Required equipment
- Felling trees
- Cutting techniques

► Passing Mark: 80%

► Developed By: HRS Group Inc.



Chainsaw Safety (Ontario)

\$79.95

This online course, which references Ontario legislation, increases understanding of the dangers of chainsaws and the steps required to operate them safely.

- Safe chainsaw handling
- Personal Protective Equipment (PPE)
- The saw
- Cutting techniques

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: HRS Group Inc.



Chemical Safety

This online Chemical Safety course teaches learners about the risks of exposure to chemicals in the workplace and strategies for working safely with and around chemicals.

- Recognizing hazardous chemicals
- Factors that can affect your risk level
- Hazard identification
- Safe handling procedures
- ► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Chlorine Safety

This online Chlorine Safety course helps learners understand the risks of chlorine exposure and strategies for working safely with and around chlorine.

- Recognizing chlorine hazards
- Chlorine's effect on health
- Exposure controls
- · Response and first aid

► Duration: 25 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Cold Stress

This online Cold Stress course helps learners understand the nature, symptoms, and treatment of cold stress.

- Types of cold stress
- Cold stress related hazards
- Identifying symptoms
- Prevention and precautionary measures

▶ Duration: 25 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Commercial Driver Training Program

This comprehensive driver training program includes required and recommended courses for professionals working in the commerical transportation industry.

- Commercial Vehicle Drivers Hours of Service
- Cargo Securement Flatbeds
- Daily Trip Inspection
- Transportation of Dangerous Goods
- ► Duration: 15 Hours ► Passing Mark: 80%
- ► Developed By: Multiple

Compliance, Safety, and **Accountability for Non-Drivers**

This online Compliance, Safety, and Accountability (CSA) course provides an overview of CSA, the specific ways that CSA affects your job and the jobs of other non-driving personnel, and how you and others can have an impact on your company's CSA score.

- The CSA system
- Role of the operations department
- Maintenance functions
- Safety functions
- ► Duration: 90 Mins ► Passing Mark: 80%
- ► Developed By: JJ Keller

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Compressed Gas Cylinders

\$49.95

In today's work environments, compressed gas is used for many things such as refrigeration, welding, and heating. This course provides information needed to handle and transport these potentially volatile storage containers.

- Associated hazards
- Moving and transporting cylinders safely
- Proper hook-up procedures
- Storage incompatibilities

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Confined Space Awareness for Entrants and Monitors

This online Confined Space Awareness for Entrants and Monitors course provides an overview of confined spaces and explains how to safely manage confined space entries.

- Types of confined spaces
- Identifying and controlling confined space hazards
- Evaluating worker training requirements
- Safe entry procedures

► Duration: 2 Hours

► Passing Mark: 80%

► Developed By: Tatonga Consulting



Confined Space Entry

This online Confined Space Entry course provides important information for individuals required to work within a confined space.

- Recognizing confined spaces
- Eliminating and controlling hazards
- Responsibilities
- Personal Protective Equipment (PPE)

► Duration: 2.5 Hours

► Passing Mark: 80%

► Developed By: Safety Coordination Services



Confined Space Entry and Monitor

\$109.95

This online Confined Space Entry and Monitor course provides information to individuals required to perform tending worker duties to personnel working in a confined

- Confined space entry planning
- Entry authorization
- Confined space monitor responsibilities
- Emergency and rescue procedures
- ► Duration: 3 Hours
- ► Passing Mark: 80%

► Developed By: Safety Coordination Services



Criticality Safety

This online Criticality Safety course explains the correct actions to take to minimize the risk of an accidental nuclear criticality and its accompanying radiation exposure.

- Recognizing fissionable material labels
- Hazards of improper fissionable material handling
- Risk management
- Minimizing radiation exposure in the event of an accidental nuclear criticality

► Duration: 10 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Daily Trip Inspection (Pre-Trip)

This online Daily Trip Inspection course provides drivers with an understanding of how to properly perform required inspections as per National Safety Code compliance and explains how to address any defects found.

- Preparing for the inspection
- Performing the inspection
- Air brake systems
- Defects

► Passing Mark: 80%

► Developed Bv: CavCan Safety



Defensive Driving

This online Defensive Driving course explores the five components of the SAFER System of defensive driving: Space, Attitude, Foresight, Eyesight, and Responsibility.

- Driver competency model
- SAFER defensive driving system
- Common collisions
- Advanced driving skills

► Duration: 3 Hours

► Passing Mark: 80%

► Developed By: Fleet Safety International



Defensive Driving: 3 Demerit Reduction Program

\$99.95

Approved by the Alberta Government for removal of 3 demerit points from an Alberta operator's licence, this online Defensive Driving course covers important aspects of safe driving.

- Collisions
- Drinking, Driving, and Drugs
- Fatigue
- Distractions
- ► Duration: 6 Hours
- ► Passing Mark: 80%
- ► Developed By: Fleet Safety International



Defensive Driving Attitudes

This online Defensive Driving Attitudes course encourages drivers to think about motivations and personal factors that cause excessive risk-taking and impulsive driving decisions.

- Pet peeves
- Stress
- Anger
- Aggressive driving
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: Thinking Driver



Defensive Driving Fundamentals

Driving is a serious responsibility. This online Defensive Driving Fundamentals course explains how the five fundamentals of defensive driving can be used to reduce risk to you and others.

- Thinking and looking ahead
- Anticipating hazards
- Keeping options open
- Managing risk
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: Thinking Driver



Defensive Driving Fundamentals and Attitudes

\$88.95

This course combines the online Defensive Driving Fundamentals and Defensive Driving Attitudes courses into one comprehensive driving program.

- The five fundamentals of defensive driving
- Stress, anger, and aggressive driving
- Anticipating hazards and managing risk
- Thinking and looking ahead
- ► Passing Mark: 80%
- ► Developed By: Thinking Driver



Disability in the Workplace

This online Disability in the Workplace course familiarizes learners with the Americans with Disabilities Act (ADA) and its mandated requirements.

- Purpose and scope of the ADA
- Defining and recognizing disabilities
- Employer responsibilities
- Examples of compliance with and violations of the ADA
- ► Duration: 20 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Discrimination-Free Workplace

This online Discrimination-Free Workplace course defines discrimination, outlines responsibilities for prevention, and explains appropriate responses to occurrences of discrimination.

- What constitutes workplace discrimination
- Federal discrimination laws
- Promoting a discrimination-free workplace
- · Recommended guidelines for employers and managers
- ► Duration: 35 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Distracted Driving

Distracted driving is a high-risk behaviour that can lead to property damage, personal injury, or worse. This online course helps to change distracted driving habits and deal with the distracted driving habits of others.

- Common driving distractions
- Distraction management
- Recognizing and responding to distracted drivers
- Avoiding driving disasters
- ► Duration: 45 Mins
- ► Passing Mark: 80%

Diversity & Discrimination

Awareness for Supervisors

► Developed By: JJ Keller



Distracted Driving Awareness

This online Distracted Driving Awareness course helps learners identify the causes and effects of distracted driving, as well as utilize techniques to avoid this hazard.

- Types of distracted driving
- Why drivers choose to take driving risks
- Consequences of distracted driving
- Techniques for staying safe near distracted drivers
- ► Duration: 20 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



discrimination laws and actively promote diversity in the

workplace.

This online Diversity & Discrimination Awareness for

Supervisors course will help supervisors understand

- What diversity means
- Benefits and challenges of a diverse workforce
- Types of discrimination
- Anti-discrimination laws
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



DOT Hazmat General Awareness

This online DOT Hazmat General Awareness course covers topics that help you become aware of situations in which you may encounter hazardous chemicals.

- The DOT Hazmat regulation
- Hazard communication
- Packaging and storage
- Security risks and terrorism
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Driver Safety

This online Driver Safety course helps learners recognize hazards inherent with vehicle operation and take actions to reduce risk on and off the work site.

- Recognizing hazardous driving conditions
- Minimizing your risk of accident
- Using company vehicles
- · Emergency preparation
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Drowsy Driving: Taking Responsibility

Fatigue can be a silent killer when driving. This online Drowsy Driving: Taking Responsibility course reviews the dangers of drowsy driving and provides strategies for avoiding them.

- Defining fatigue
- Understanding sleep
- Recognizing fatigue
- Fatigue reduction strategies
- ► Duration: 2.5 Hours
- ► Passing Mark: 80% ► Developed By: Fleet Safety International



Drug and Alcohol-Free Workplace

This online course outlines the importance of maintaining a drug and alcohol-free workplace to help ensure the well-being of workers.

- Why substance abuse is a concern in the workplace
- How to identify substance abuse problems
- How to report concerns of substance abuse
- How to get help for personal substance abuse problems
- ► Duration: 10 Mins ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems

Effective Communication for **Employees**

This online Effective Communication for Employees course helps employees understand how strong communication skills can improve working relationships, increase productivity, and promote career growth.

- The importance of effective communication
- Becoming an effective speaker and writer
- The importance of body language
- Strategies for dealing with disagreements and anger

Duration: 60 Min

- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Effective Communication for Supervisors

This online Effective Communication for Supervisors course helps supervisors build strong communication skills and promote development of these skills among their

- Methods by which communication happens
- · Becoming a more effective and active listener
- The importance of making a connection
- Improving leadership through effective communication

► Duration: 60 Mins

► Passing Mark: 80%

employees.

► Developed By: JJ Keller



Effects of Stress on Driving

This online Effects of Stress on Driving course explains how everyday stress can result in distracted driving, poor decision making, and physical impairments, such as loss of peripheral vision or muscle coordination.

- Adrenaline and your brain
- Sign of stress overload
- Road rage
- 0-60 escalation
- Duration: 60 Mins ► Passing Mark: 80%

► Developed By: Medea and Associates



Electrical Hazard Identification and Risk Assessment

\$44.95

This online Electrical Hazard Identification and Risk Assessment course focuses on aspects of hazard identification and risk assessment as outlined in Canadian Standards Association CSA Z462-12 Workplace Electrical Safety.

- Hazard identification process
- Risk assessment parameters
- Responsibilities and regulations
- · Risk reduction strategies

➤ Duration: 60 Mins → Passing Mark: 80% → Developed By: A & E Training and Technical Solutions



Electrical Safety Training

This online Electrical Safety Training course provides a wellrounded approach to the basics of electrical safety and helps increase understanding of the dangers of electricity from both a shock and arc flash protection point of view.

- Energy flow and barriers
- Induction
- Step and touch potential
- Safe work procedures

Construction

► Duration: 3 Hours → Passing Mark: 80% → Developed By: A & E Training and Technical Solutions

Electrocution Awareness for

This online course is designed to provide an overview of basic electrical safety. It is particularly helpful for individuals

who work in the construction industry and have limited

Safe and unsafe work practices around electricity



Electrical Safety Training Suite

This suite of electrical safety training courses combines the Arc Flash Awareness, Electrical Hazard Identification and Risk Assessment, and Electrical Safety Training online courses to create a comprehensive electrical safety training

- Arc flash hazards and protection methods
- Electrical risk assessment and reduction
- Safety training for electrical workers
- Personal protective equipment

familiarity with electrical hazards.

Components of a complete circuit Electrocution hazards in construction

Electrical hazard protection methods



Emergency First Aid

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This online Emergency First Aid course covers the essentials of first aid and what to do while waiting for help to arrive.

- CPR
- Shock
- Stopping bleeding
- Heart attacks and strokes

► Duration: TBA

- ► Passing Mark: TBA
- ► Developed By: Inter Provincial Safety Resources



Emergency Planning

► Passing Mark: 80%

► Developed By: JJ Keller

This online course covers planning requirements for emergency situations in the workplace as outlined in OSHA regulations for Exit Routes and Emergency Planning Part 1910.33.

- · Action plans
- Fire prevention plans
- Exit routes, doors, and markings
- · Fire extinguishers
- ► Duration: 45 Mins

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EMERGENCY

PE ANNING

- ► Passing Mark: 80%
- ▶ Developed By: ICC Compliance Center



Emergency Planning & Community Right-to-Know-Act

This online course on Emergency Planning and the Community Right-to-Know Act (EPCRA) familiarizes learners with the EPCRA regulations and the requirements contained within it

- Origin and goals of the EPCRAOverview of EPCRA sections and listed chemicals
- Emergency planning
- Emergency release notification
- ► Duration: 30 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems

Emergency Procedures

\$49.95

This online Emergency Procedures course covers proper procedures for responding to a wide variety of emergency situations including medical emergencies, fires, natural disasters, explosions, bomb threats, hazardous spills, and acts of violence

- Medical emergencies
- Fire emergencies
- Evacuation and reporting
- Escape
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Environmental Management

This online Environmental Management course helps learners identify harmful wastes and create strategies to reduce their impact on the environment.

- Hazards of environmental waste
- Waste management principles
- Ways to reduce waste and prevent pollution
- Responding effectively to a spill or release of hazardous material
- ► Duration: 20 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



ESTS for Electrical Workers (Canada)

\$124.95

This online Electrical Safety Training System (ESTS) for Electrical Workers course provides detailed information about the electrical hazards of arc flash and shock including protecting yourself and others in accordance with the CSA Z462 Workplace Electrical Safety standard.

- OH&S regulations, standards, and best practices
- Understanding electricity in the workplace
- Electrical hazards and dangers
- Establishing an electrically safe work environment
- ► Duration: 6 Hours

► Passing Mark: 80% ► Developed By: Electrical Safety Program Solutions



ESTS for Electrical Workers

This online Electrical Safety Training System (ESTS) for Electrical Workers course provides detailed information about the electrical hazards of arc flash and shock including protecting yourself and others in accordance with the NFPA 70E standard for electrical safety in the workplace.

- OSHA regulations, standards, and best practices
- Understanding electricity in the workplace
- Electrical hazards and dangers
- Establishing an electrically safe work environment

- ► Passing Mark: 80% ► Developed By: Electrical Safety Program Solutions



► Duration: 60 Mins

ESTS for Non-Electrical Workers

This online Electrical Safety Training System (ESTS) for Non-Electrical Workers course provides the knowledge you need to recognize and avoid electrical hazards so you can keep yourself and others safe.

- Standards and regulations
- Roles and responsibilities
- Reporting incidents
- · Emergency response

► Passing Mark: 100% ► Developed By: Electrical Safety Program Solutions



ESTS travailleurs de électricité Canada

Le cours en ligne ESTS (Electrical Safety Training System) pour les ouvriers en électricité fournit des renseignements détaillés sur les risques liés aux coups d'arc et chocs électriques, y compris la protection des travailleurs et du public conformément à la norme . CSA Z462 – Sécurité en matière d'électricité au travail.

- Règlements, normes et pratiques exemplaires sur la SST
- Électricité sur les lieux de travail
- Dangers et risques électriques
- · Environnement de travail sécuritaire

► Durée : 6 heures ► Note de passage : 80% ► Développé par : Electrical Safety Program Solutions



ESTS travailleurs nonélectriciens

Le cours en ligne ESTS (Electrical Safety Training System) pour les ouvriers non spécialisés en électricité procure les connaissances nécessaires pour identifier et écarter les risques électriques, de façon à se protéger, soi et les autres.

- Connaître les normes et règlements
- Savoir les rôles et les responsabilités
- Signaler les incidents
- Intervenir en cas d'urgence

► Durée : 60 mins ► Note de passage : 100% ► Développé par : Electrical Safety Program Solutions



Ethics

This online Ethics course explains the importance of ethics and why it should be used to govern conduct within an organization

- The purpose and common characteristics of ethics programs
 • Fairness, accuracy, and antitrust laws
- Conflicts of interest, asset protection, and employment standards
- The reporting process
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Excavation Safety

This online Excavation Safety course explains how to be safe when working around excavations.

- Recognizing potential excavation hazards
- The role of a competent person at an excavation site
- Protecting yourself when working near excavations
- What to do in the event of a cave-in
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

Excavation, Trenching, and Shoring Safety

This online Excavation, Trenching, and Shoring Safety course explains the hazards, planning, and execution of excavations.

- Safety requirements during excavation preparation
- Excavation hazards
- Precautions, protective measures, and types of support systems
- Cave-in protection
- ► Duration: 20 Mins
 - ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Eye Safety

\$49.95

Our eyes are very fragile and statistics show that eye injuries occur frequently in the workplace. This online Eye Safety course describes common eye injuries and explains how to prevent them.

- Physiology of the eye
- Common eye injuries and how they are caused
- Eye care and safety practices
- Selecting and using appropriate PPE
- ► Duration: 60 Mins
- ► Passing Mark: 80%

► Developed By: JJ Keller



Fall Prevention for Construction

\$49.95

This online course is designed to help you recognize fall hazards and teach you how to stay safe when working at heights. It covers regulations 29 CFR 1926 Subpart M.

- How fall or falling object injuries occur
- When fall protection is required
- Types of fall protection
- What fall safety equipment is needed to perform a job
- ► Duration: 60 Mins
- ► Passing Mark: 80%

► Developed By: JJ Keller



Fall Protection ABC's

\$99.95

This online Fall Protection course is designed to provide you with knowledge to help minimize fall hazards and protect yourself and others from serious injury.

- The importance of fall protection
- Fall protection systems and components
- Fall protection calculations
- Fall protection planning and procedures
- ► Duration: 3 Hours
- ► Passing Mark: 80%
- ► Developed By: Alberta BC Safety



Fall Protection

89.95

This comprehensive online Fall Protection course is designed for individuals who plan, supervise, or perform work at heights. This course covers many aspects of fall protection including fall protection planning, equipment, safety measures, and controls.

- Fall prevention
- Fall hazards and controls
- Fall rescue planning
- Arresting and swing falls
- ➤ Duration: 3 Hours ➤ Passing Mark: 80%
- ► Developed By: Safety Coordination Services



Fall Protection Awareness

\$39.9

The online Fall Protection Awareness course provides employers and employees with a basic understanding of workplace fall hazards and appropriate fall protection equipment and control measures.

- Common workplace fall hazards
- Fall protection equipment
- Fall protection plans
- Emergency response planning
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: Second Impressions



Fatigue Management for Supervisors

\$49.95

This online Fatigue Management for Supervisors course is designed to assist organizational leaders to understand fatigue, learn how it affects their employees, and evaluate their organization's risk for fatigue-related incidents.

- Fatigue and the law
- Defining fatigue
- Fatigue strategies
- Your responsibilities
- ➤ Duration: 2 Hours
- ► Passing Mark: 80%
- ► Developed By: Fleet Safety International



Fire Extinguisher Use

\$49.9

This online course explains why things burn, describes common types of fire extinguishers, and discusses how to use fire extinguishers to fight small fires.

- What causes things to burn
- Types of fire extinguishers
- Classes of fires
- How to use a fire extinguisher
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Fire Safety

\$49 9

Great for both first-time and refresher training, this online course covers the basics that everyone should know about fire safety and prevention.

- Characteristics of fire
- Fire hazards and prevention
- What to do in case of a fire
- Portable fire extinguishers
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Fire Safety Awareness

\$49.9

This online Fire Safety Awareness course familiarizes learners with fire prevention plans and explains how to create and implement them effectively.

- Fundamentals of fire prevention
- Emergency exit components
- Fire alarm response
- Portable fire extinguishers
- ► Passing Mark: 80% ► Developed By: Vivid Learning Systems



Firefighting & Fire Extinguisher Safety

\$79.95

This online Firefighting & Fire Extinguisher Safety course provides the basic knowledge and skills required to fight a small fire. Topics covered in this course include types of fires, fire extinguishers, and extinguishing agents; fire extinguisher operation; and firefighting procedures.

- The fire triangle
- Fire classifications
- Types of fire extinguishers
- Firefighting procedures
 - ► Passing Mark: 80% ► Developed By: Astec Safety Inc.

* Prices subject to change

► Duration: 30 Mins

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BEHAVIOUR BASED SAFETY ONLINE

FOR WORKERS

Build a strong, proactive culture in your organization by putting safety back in the hands of your workers

Topics covered:

- ABC Behaviour Model
- Positive reinforcement
- Critical behaviour checklists
- Observations, interventions, and feedback

COMING SOON



First Aid Awareness

This comprehensive online First Aid Awareness course is designed to provide information required to respond appropriately to injuries and medical emergencies. This course is appropriate for those with or without prior first aid training.

- Shock
- Wounds and bleeding
- Choking
- Heart attacks
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: Safety Health Publishing Inc.



First Aid Basics

This online course is designed to help learners respond appropriately to first aid and emergency situations that may arise at work, home, and around their community.

- Identify situations that require first aid response
- Assess an environment for safety
- Prioritize and apply first aid measures
- Evaluate appropriate responses to a person in distress
- ► Duration: 60 Mins
- ► Passing Mark: 80%

► Developed By: JJ Keller



First Aid Interactive Refresher

This online First Aid Interactive Refresher is a collection of emergency simulations that provides opportunities to practice first aid and safety management.

- Injury prevention
- Universal precautions
- Primary and secondary assessments
- Directing bystanders
- ration: 45 Min
- ► Passing Mark: 80%
- ► Developed By: Safety On Site First Aid



Flammable Liquid Safety

\$49.95

This online Flammable Liquid Safety course helps learners identify flammable liquids, understand their related hazards, and learn how to safely work with these substances.

- Characteristics of flammable liquids
- Flammable liquid hazards
- Safety and storage requirements for flammable liquids
- Flashpoint protection
- ► Duration: 40 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Forklift Fundamentals

This online Forklift Fundamentals course provides an overview of key aspects of safe forklift operation through discussion of forklift types, features, controls, and safety

- Forklift types and differences
- Forklift parts
- Forklift controls
- Safety features
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Forklift Operator Safety

\$79.95

This online Forklift Operator Safety course covers topics relevant to the safe operation of forklifts including preoperation inspections, load handling, and maintenance.

- General safety
- Pre-operation
- Operation
- Load handling
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Forklifts: Advanced Hazard **Awareness**

This online course helps operators sharpen their hazard perception skills and satisfy the training requirements of OSHA's Powered Industrial Truck Standard 1910.178.

- Keeping the forklift and load stable
- Operating with an obstructed view
- Travelling with or without a load
- Overhead hazards
- ► Duration: 30 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Forklift Training (Counterbalanced)

\$99.95

This online Forklift Training course aims to reduce the risks related to sit-down and vertical mast forklifts by teaching you how to become a safe lift truck operator.

- Pre-use inspections
- The principles of balance, stability, and capacity
- How to safely enter, exit, and operate lift trucks
- Safe methods for picking up, moving, and deploying loads
- ► Duration: 2.5 Hours
- ► Passing Mark: 80%
- ► Developed By: Leavitt Machinery



Forklift Workshop for Construction

This online Forklift Workshop for Construction course explains essential forklift safety practices that can be used to become a safe, responsible, and productive rough-terrain forklift operator.

- Performing inspections
- Center of gravity and the stability triangle
- Picking, traveling with, and placing a load
- Keeping the forklift and load stable
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Formaldehyde Safety

This online Formaldehyde Safety course teaches learners about hazards related to formaldehyde and how to identify and mitigate risks related to exposure.

- Recognizing formaldehyde hazards
- Health effects of exposure
- Exposure controls
- Exposure response and first aid
- ► Duration: 30 Mins ► Passing Mark: 80%
 - ► Developed By: Vivid Learning Systems



Formal Workplace Inspections

This online course provides the tools and knowledge needed to conduct an efficient workplace inspection.

- Inspection frequency and guidelines
- Hazard checklists
- Corrective actions
- Follow-up and monitoring

► Duration: 2 Hours

► Passing Mark: 80%

► Developed By: AMHSA



Four-Wheel Drive Fundamentals

This online Four-Wheel Drive Fundamentals course provides basic information required for safe operation of commercial four-wheel and all-wheel drive vehicles.

- Equipment familiarization
- Ascending and descending hills
- Vehicle stability
- Operating transfer cases and axles

► Duration: 30 Mins

► Passing Mark: 80%

► Developed By: Thinking Driver

Gas Detection

This course is designed to provide information about detection and control of flammable and toxic atmospheres to help you remain safe while working around potentially dangerous gases.

- Detector tube devices
- Combustible, continuous, and fixed gas monitors
- Interpreting gas readings
- Control methods

► Passing Mark: 80%

► Developed By: Safety Man



GHS Awareness

\$49.95

Aimed at handlers of hazardous chemicals, this online GHS Awareness course introduces general awareness under OSHA 29 CFR 1910.1200.

- Roles and responsibilities
- Basic classification
- Labeling

Manual

Safety Data Sheets (SDS)

Duration: 90 Mins

Passing Mark: 80%

Developed By: ICC Compliance Center



GHS for Supervisors

\$99.95

This online GHS for Supervisors course is aimed at supervisors, managers, and chemical specialists who are responsible for OSHA or health and safety in the workplace. This course covers requirements under HAZCOM 2012 29CFR 1910.1200.

- Roles and responsibilities
- Hazard communication systems
- Workplace labeling systems
- Safety Data Sheets (SDS)
- ► Passing Mark: 80%
- ► Developed Bv: ICC Compliance Center



• Roles and responsibilities

Hazard communication systems

HAZCOM 2012 29CFR 1910.1200.

GHS for Supervisors with Just HazCom and GHS Compliance

This online GHS for Supervisors course is aimed at

supervisors, managers, and chemical specialists who

are responsible for OSHA or health and safety in the

workplace. This course covers requirements under

- · Workplace labeling systems
- Safety Data Sheets (SDS)
- ► Duration: 4 Hours ► Passing Mark: 80%

► Developed By: ICC Compliance Center



► Duration: 45 Mins

Goal Setting

This online Goal Setting course explains the importance of goal setting to personal success, identifies common challenges faced on the road to achievement, and provides step-by-step strategies for realizing one's personal and professional goals.

- Why goal setting is important
- Setting your goals
- The comfort zone
- The twelve steps of goal setting
- ► Passing Mark: 80%
- ► Developed By: BIS Training Solutions



Ground Disturbance for Supervisors 201

\$99.95

This online Ground Disturbance for Supervisors course is designed for planners, managers, supervisors, and employees who are or will be required to develop, plan, and implement any kind of ground disturbance.

- Regulations and responsibilities
- Approvals, permits, and agreements
- Ground disturbance planning
- Stages of ground disturbance
- ► Passing Mark: 80%
- ► Developed By: Astec Safety Inc.



H₂S

Intended for individuals who may be exposed to hydrogen sulphide, this online course provides information to help protect individuals from exposure and explains how to deal with emergencies involving H2S.

- H₂S properties and hazard assessment
- H₂S gas detection
- Breathing protection
- H₂S emergency response and first aid
- ► Duration: 2.5 Hours
- ► Passing Mark: 80%
- ► Developed By: MISafety

Hand & Power Tools for Construction

This online Hand & Power Tools for Construction course explains the importance of hand and power tool safety in construction workplaces.

- Hazards associated with different types of tools
- Safety rules for hand and power tool operation
- · Preventing injuries
- The importance of guarding and PPE
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

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Hand Safety

This online Hand Safety course familiarizes learners with common hand hazards and explains strategies and equipment that can be used to prevent injury.

- Common hand hazards
- Devices used to prevent hand injuries
- Differences in hand protection devices
- Injury prevention methods
- ► Duration: 25 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Hand, Wrist, and Finger Safety

\$49.95

Each year nearly one out of four on-the-job accidents involves hands, wrists, and fingers. This online course provides valuable information that you can use to prevent injury to these important body parts.

Physiology of the hand, wrist, and fingers

This online Hazard Assessment course provides an

understanding of the importance of hazard assessments on

the overall performance of health and safety management

- · Identification of common hazards
- Proper tool use and maintenance
- Injuries and first aid
- ► Duration: 45 Mins
- ► Passing Mark: 80%

Hazard Assessment

► Developed By: JJ Keller



Harassment Prevention Training

This online Harassment Prevention course defines and demonstrates various types of harassment and bullying as well as explains supervisors' legislated responsibilities including those outlined in Ontario Bill 168 and BC Bill 14.

- What constitutes sexual harassment?
- The difference between impact and intent
- How to prevent harassment
- Manager and supervisor responsibilities and liabilities
- ► Duration: 60 Mins
- ► Developed By: Workplace Training Network



systems.

- Hazard identification Hazard evaluation
- Hazard prioritization
- Hazard control

► Passing Mark: 80%

► Duration: 75 Mins

► Developed By: Integrated Safety Solutions



Hazard Communication

This online Hazard Communication course provides important information on safety data sheets, pictograms, potential health effects of hazardous chemicals, and what workers can do to make every day a safe workday.

- Hazard communication standards
- · How hazards are determined
- Safety Data Sheets (SDS)
- Labels and warnings
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Construction Environments

Hazard Communication in

This online course introduces employees to hazard communication regulations and provides training on the various types of chemicals found in building and construction environments.

- GHS Safety Data Sheets and container labels
- Exposure situations
- Personal protective equipment and chemical storage
- Spills and cleanup
 - ► Passing Mark: 80%
- ► Developed Bv: JJ Keller



Hazard Identification. Assessment, and Control

\$44.95

This online course helps keep you safe on the job by showing you how to prevent injuries and illness in the workplace through hazard identification, assessment, and control.

- Legislative requirements
- Hazard identification
- Risk assessment
- Hierarchy of control
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed Bv: AMHSA



Hazardous Waste Management

This online Hazardous Waste Management course helps learners identify hazardous wastes and better understand regulations and requirements for the safe handling and storage of waste.

- The purpose of a waste management program
- Hazardous waste categories
- Containers, labelling, and storage
- Emergency preparedness and contingency planning
- ► Duration: 65 Mins

► Duration: 60 Mins

- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Hazmat: General Awareness Training

This online Hazmat: General Awareness Training course familiarizes learners with hazardous materials regulations and helps them recognize and identify hazardous materials.

- · Required elements of hazmat training
- Hazardous material labels, placards, and markings
- · Using the hazmat table
- Methods to communicate a material's hazard type
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

Procedures

HAZWOPER: Accidental Release Measures and Spill Cleanup

This online HAZWOPER: Accidental Release Measures and Spill Cleanup Procedures course discusses the plans and procedures necessary to safely contain and clean up a hazardous materials spill.

- The five levels of HAZWOPER emergency response
- Personal protective equipment
- Spill cleanup
- Decontamination procedures
 - ► Passing Mark: 80%
- ► Developed By: JJ Keller



HAZWOPER: Confined Space Entry

This online HAZWOPER: Confined Space Entry course helps workers understand how to eliminate or reduce potential exposure to hazardous materials in confined space work environments.

- Hazards encountered in confined spaces
- Duties and responsibilities of the entry team
- Atmospheric testing
- Protecting entrants in hazardous atmospheres

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



HAZWOPER Refresher

\$49.95

Designed for workers who may be exposed to hazardous substances, this online Hazwoper Refresher course serves as continuing education training for workers who have completed a 24-40 hour hazwoper course. This course meets the requirements of OSHA CFR 1910.120.

- Chemical characteristics
- Hazard recognition, assessment, and control
- · Air monitoring
- Chemical decontamination
- ► Duration: 8 Ho
- ► Passing Mark: 70%

► Developed By: eTraining Inc.



Head, Eye, & Face Protection: **PPE Workplace Safety**

This online Head, Eye, & Face Protection: PPE Workplace Safety course will familiarize you with personal protective equipment for the head, eyes, and face including hard hats, safety glasses, safety goggles, face shields, welding goggles, and welding shields.

- The importance of fit
- Criteria for eye and face PPE
- Evewash stations
- PPF care

► Duration: 15 Mins ► Passing Mark: 80% ► Developed By: JJ Keller



Hearing Conservation

This online Hearing Conservation course helps learners understand the impact of noise exposure and identify strategies and equipment to prevent injury.

- Factors that determine the extent of hearing loss
- Noise exposure limits
- Correct use, care, and maintenance practices for hearing protectors
- Hearing conservation programs
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Heat Stress

This online course explains how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker affected by a heat-related illness.

- Heat rash, exhaustion, and stroke
- Recognizing symptoms of heat stress
- Preventing heat-related illnesses
- First aid

► Duration: 30 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Heat Stress Awareness

This online Heat Stress Awareness course helps learners understand the causes and impact of heat stress and identify strategies to help prevent injury.

- Types of heat stress
- · Heat stress hazards
- Symptoms and treatment of heat stress
- · Heat stress prevention

► Duration: 25 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Hot Work with Arc Welding

This online Hot Work with Arc Welding course helps learners identify the hazards of hot work and learn basic requirements for performing hot work safely.

- Hazards of hot work
- Basic requirements for performing hot work
- Elements of equipment safety
- Appropriate safety practices for arc and oxygen fuel gas welding and cutting

► Duration: 30 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Hours of Service

\$99.95

This online Hours of Service course is designed to assist commercial vehicle drivers to understand Canada's Federal Hours of Service regulations.

- Duty status categories
- Daily, cycle, and work shift limits
- Special permits
- Daily logs

► Duration: 4 Hours

► Passing Mark: 80%

► Developed By: Wheels On / Astec Safety Inc.



Hours of Service: A Driver's Guide

This online Hours of Service course helps drivers understand U.S. Hours of Service regulations and recordkeeping requirements.

- Driving time rules
- Exemptions
- · Completing daily logs
- Monthly summary sheets
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

Hydraulic Safety: Exposure Level

Designed for individuals who work on or near hydraulic equipment, this online Hydraulic Safety: Exposure Level course provides an awareness of hydraulic hazards in the workplace.

- Exposure to hydraulic fluids
- Potential hazards
- Pressure ratings
- Hazard assessment
- ► Duration: 4.5 Hours ► Passing Mark: N/A ► Developed By: Hydraulic Safety Authority of Canada

Hydraulic Safety: High Risk Maintenance Level

\$149.95

This industry leading online Hydraulic Safety: High Risk Maintenance Level course provides an understanding of hydraulic energy hazards and controls for workers who repair and maintain hydraulic equipment.

- Exposure to hydraulic fluids
- Potential hazards and dangers
- Hydraulic component inspections
- Maintenance and planning

ration: 10 Hours → Passing Mark: N/A → Developed By: Hydraulic Safety Authority of Canada



Hydraulic Safety in Construction

Although hydraulic-operated equipment is used in all areas of construction, many workers are unaware of the associated hazards. This sector-oriented online course teaches workers about the hazards involved when working with or around hydraulic equipment.

- Health and exposure
- Working with and around hydraulic hoses
- Threads and porting Hazard assessment
- ► Passing Mark: 80% ► Developed By: Hydraulic Safety Authority of Canada ► Duration: 5 Hours



Hydrogen Sulfide for General Industry

This online Hydrogen Sulfide for General Industry course will familiarize you with hydrogen sulfide hazards (H2S), detection methods, and appropriate exposure and release

- Dangerous properties of H2SSources of H2S
- Methods for controlling exposure
- Symptoms of H2S exposure

► Duration: 75 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Hydrogen Sulfide for Oil & Gas

\$99.95

This online Hydrogen Sulfide for Oil & Gas course familiarizes oil and gas workers with hydrogen sulfide (H2S) hazards, detection methods, and exposure and release responses.

- Sources of H2S
- Exposure limits
- Methods for controlling exposure
- Emergency action plans and response procedures

► Passing Mark: 80%

► Developed By: JJ Keller



Indoor Air Quality

This online course helps workers understand the potentially harmful effects of poor air quality and how to prevent, identify, and correct air quality problems.

- Sources of air contamination
- The importance of proper housekeeping
- Pollutant pathways, including air ducts and crawlspaces
- Signs and symptoms of poor air quality

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Indoor Air Quality Awareness

This online Indoor Air Quality Awareness course will help learners understand the causes and effects of air contamination and identify strategies to maintain safe air quality.

- Understanding air quality
- Causes and sources of poor air quality
- Health effects of air contamination
- Exposure controls

► Duration: 30 Mins ► Passing Mark: 80% ► Developed By: Vivid Learning Systems



Industrial Ergonomics

This online course teaches learners how to recognize ergonomic problems, understand their potential adverse effects, and implement pragmatic solutions to address poor ergonomic conditions.

- Physiology of the body
- Parts of the body most commonly affected
- Correct use of equipment
- Exercises and stress release
- ► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Injury Prevention for Drivers

This course is designed to help drivers recognize common activities that put them at risk for injury and learn how to protect themselves so they can stay on the job.

- Mounting and dismounting using three point contact
- Driving position adjustment
- Safe loading and unloading
- Managing environmental risks

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Intermediate and Advanced Rigging

\$295.00

This online Intermediate and Advanced Rigging course teaches you intermediate rigging skills, such as how to estimate load weight and calculate centre of gravity, as well as advanced skills, such as winch and block applications and the nature and application of load drifting.

- Load distribution
- Sling tension
- Levers, jacking, and rolling Off-level pick points
- ► Duration: 6 Hours ► Passing Mark: 70%
- ► Developed By: Industrial Training International

Intermediate Rigging

\$195.00

This online Intermediate Rigging course teaches you intermediate rigging skills, such as how to estimate load weight, calculate centre of gravity, and use the Journeyman Rigger's Reference Card for calculations.

- Load distribution
- Load control
- Centre of gravity
- Sling tension
- ► Duration: 3 Hours
- ► Passing Mark: 70%
- ► Developed By: Industrial Training International

Online Driver Training



Why spend six hours in a classroom taking a driver training course when you can spend the time in the comfort of your own home?

Designed by Fleet Safety International, these online driver training programs allow participants to work comfortably at home, at their convenience. All programs and courses are well-researched and designed to be interactive in nature.

- Defensive Driving
- Defensive Driving 3 Demerit Reduction
- Drowsy Driving Taking Responsibility
- PDIC Professional Driver Improvement (No demerit reduction)
- Air Brakes Refresher
- Fatigue Management for Supervisors
- Learner's Permit Preparation (Alberta)
- Winter Driving



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Introduction to Design Registration

\$100.00

This online Introduction to Design Registration course takes learners step-by-step through the process of compiling a complete pressure equipment design registration package including the AB-31 form.

- Legislation, the Act, and other applicable codes
- The registration requirement
- The design registration process
- The AB-31 Design Registration application form

► Duration: 45 Mins ► P

► Passing Mark: 80% ► Developed By: ABSA



Introduction to OSHA

\$29.95

In this online Introduction to OSHA course, employees learn about their rights under OSHA. This course is designed for anyone new to the health and safety environment.

- Why is OSHA important to you?
- What rights do you have under OSHA?
- How are OSHA inspections conducted?
- Where can you go for help?

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: ICC Compliance Center



ISTS Orientation

\$65.95

The Industrial Safety Training System (ISTS) Orientation meets BC, Alberta, and Saskatchewan legislative orientation requirements by introducing workers to the basic principles of hazard recognition, evaluation, and control.

- Legislation and you
- Workplace hazards
- Personal Protective Equipment (PPE)
- Emergency response

Duration: 3.5 Hours ► Passing Mark: 80%

► Developed By: IMPACT Orientations Inc.



Joint Health and Safety Committees (JHSC)

\$79.95

This online Joint Health and Safety Committee (JHSC) course explains what a JHSC is and describes its role in keeping workplaces safe.

- What a JHSC is
- Committee member roles and responsibilities
- JHSC meetings
- Inspections and investigations

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: Leavitt Machinery



Ladder Safety

\$49.9

This online Ladder Safety course identifies hazards inherent with ladder work, provides safe practices to reduce or eliminate these hazards, reviews techniques for determining fall protection requirements, and provides strategies for determining how and when to inspect ladders.

- Types of ladders
- Ladder hazards

► Passing Mark: 80%

- Safe ladder practices
- Inspection requirements
 - ► Developed Bv: Vivid Learning Systems



Ladder Safety for General Industry

\$49.9

This online Ladder Safety for General Industry course covers common ladder dangers, techniques for choosing the right ladder for a job, and how to use ladders safely to protect yourself and others from harm.

- Ladder types
- Falls
- Ladder hazards
- Accident prevention

➤ Duration: 45 Mins

► Passing Mark: 80%

► Developed Bv: JJ Keller



Lead Awareness

\$59.9

This online Lead Awareness course teaches learners about the effects of lead exposure in the workplace and how to work safely in environments containing lead.

- Lead hazards
- Health effects of lead exposure
- Common sources of lead
- Limiting lead exposure
- ► Duration: 35 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Leadership Fundamentals

\$49 9

This online Leadership Fundamentals course teaches you how to identify key characteristics of leaders, build trust and confidence with employees, and avoid behaviours that undermine leadership.

- Characteristics of effective leaders
- Behaviours that undermine leadership
- The impact of leadership
- Leadership in a crisis
- ► Duration: 60 Mins ► Pas
 - ► Passing Mark: 80%
- ► Developed By: Custom Learning Solutions Inc.



Leadership Vision

\$19.95

This online Leadership Vision course explains the purpose and importance of a shared vision and provides strategies for creating and implementing it within an organization.

- What is vision?
- A vision's impact on an organization
- Building and communicating a vision
- Making the vision a reality
- ► Duration: 20 Mins ► Passing Mark: 80%
- ► **Developed By:** BIS Training Solutions



Leading Through Change

\$49.9

This online Leading Through Change course shows you how to implement change positively and successfully and avoid the mistakes that cause change initiatives to fail.

- The change cycle
- Typical responses to change
- Implementing change strategies
- Communicating and anchoring change
- ► Duration: 60 Mins ► Passing Mark: 80%
- sing Mark: 80% Developed By: Custom Learning Solutions Inc.



Learner's Permit Preparation (Alberta)

This online Learner's Permit Preparation (Alberta) program is specifically designed for aspiring drivers who need to write their Alberta Learner's Permit Test.

- General licensing requirements
- Walk-arounds
- Blind spots
- Traffic controls
- ► Duration: 90 Mins
- ► Passing Mark: N/A
- ► Developed By: Fleet Safety International



Learner's Permit Preparation Test—Premium (Alberta)

\$24.95

This premium online Learner's Permit Preparation Test (Alberta) is specifically designed for aspiring drivers who need to write their Alberta Learner's Permit Test. This premium program includes information on the SAFER System of Defensive Driving.

- General licensing requirements
- Blind spots
- Traffic controls
- The SAFER System of Defensive Driving
- ► Duration: 90 Mins ► Passing Mark: N/A
- ► Developed By: Fleet Safety International



Lithium Battery Safety

\$144.95

The online Lithium Battery Safety course addresses the unique dangers lithium anode batteries present to workers servicing and repairing industrial equipment.

- Oil industry uses
- Cell design
- MSDS
- Proper handling and storage
- ► Duration: 2 Hours

SAFE

- ► Passing Mark: 80%
- ► Developed By: Safety Coordination Services



Lithium Battery Transport

\$129.95

Lithium batteries pose unique concerns when shipped by air. This online Lithium Battery Transport course presents detailed information on how to properly ship lithium batteries by air.

- IATA/ICAO regulations
- UN specific packaging
- Marking and labeling
- Declarations and waybills
- ► Duration: 2.5 Hours
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Lockout Tagout

This online Lockout Tagout course increases understanding of the key elements of Lockout Tagout regulation 29 CFR 1910.147, Subpart J, Control of Hazardous Energy issued by the Occupational Safety and Health Administration

- Hazardous energy
- Formal procedures
- · Identification and review
- Lockout tagout application
- ► Duration: 60 Mins ► Passing Mark: 80%

- - ► Developed Bv: ICC Compliance Center



Lockout Tagout in the Workplace

This comprehensive online Lockout Tagout in the Workplace course covers the steps to correctly lock and tag out equipment, devices used for lockout tagout, and the elimination of potentially fatal hazards through implementation of proper lockout tagout procedures.

- Lockout tagout devices
- Legal requirements and penalties
- Seven steps of lockout tagout
- Creating a workplace program
 - ► Passing Mark: 80%
- ► Developed Bv: HRS Group Inc.



Machine Guarding

This online Machine Guarding course helps you understand mechanical hazards associated with machinery use and identify the requirements and methods for machine quarding.

- Mechanical hazards
- Types of machine guarding
- Safeguard requirements
- User rights and responsibilities
- ▶ Duration: 25 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Machine Guard Safety

This online Machine Guard Safety course is designed to teach you the dangers of working with machinery and how to minimize those risks with proper installation and use of safety guards and devices.

- Understanding machinery dangers
- Fixed, adjustable, and self-adjusting guards
- Interlock devices
- · Adjustment, inspection, and maintenance of safety guards
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Material Handling, Storage, Use, & Disposal for Construction

This online course is designed to provide you with an

introduction to handling materials on the job site, including moving, storing, and disposing of materials. It covers regulations 29 CFR 1926, Subpart H.

- Importance of proper handling, storage, and disposal of materials
- Common injuries
- Selecting the correct machinery and equipment
- How to correctly handle, store, and dispose of materials
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Office Ergonomics

This online Office Ergonomics course explains how to recognize ergonomic hazards and explores practical solutions that can be used to address ergonomic problems in the workplace

- Physiology of the body
- Parts of the body most often affected
- Correct use of office equipment
- Exercises and stress release
- ► Duration: 60 Mins ► Passing Mark: 80%
- ► Developed By: JJ Keller



OH&S and the Law for Supervisors

\$99.95

This online OH&S and the Law for Supervisors course offers a comprehensive understanding of the Occupational Health & Safety Act and other key pieces of health and safety legislation for those in supervisory positions within the workplace.

- Roles, rights, and responsibilities
- Health and safety representation
- Joint Health & Safety Committees
- Criminal justice in the workplace
- ► Duration: 2 Hours ► Passing Mark: 80%

► Developed By: HRS Group Inc.



Overhead and Gantry Crane Safety

This online Overhead and Gantry Crane Safety course helps you identify the safety devices found on overhead and gantry cranes and teaches you how to safely inspect and operate them.

- Crane safety devices
- Equipment inspection steps
- Pre-operational checks
- Load rigging and lifting
- ► Duration: 30 Mins
- ► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Overhead Crane

This online Overhead Crane course covers types of cranes and lifting devices, how to inspect and safely operate them, and how to recognize the common hazards that surround their use.

- Hoist machinery
- Safe operation
- Rigging considerations
- Hardware inspections

► Passing Mark: 80%

► Developed By: Hard Hat



Pedestal Mounted Cranes

This online Pedestal Mounted Cranes course covers important aspects of pedestal mounted cranes including their components, hazards, rigging, and operation, as well as applicable mobile crane regulations.

- Maritime crane regulations
- Inspections and records
- Common hazards
- · Rigging practices

► Passing Mark: 80%

► Developed By: Hard Hat



Personal Protective Equipment: Safe at Work

Personal protective equipment (PPE) protects workers and their livelihood when hazards are present in the workplace. This course teaches employees and their managers how to properly choose, use, and maintain PPE in the workplace.

- Head protection
- Hand and foot protection
- Respiratory protection
- Hearing conservation

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Portable Fire Extinguisher Safety

This online Portable Fire Extinguisher Safety course introduces you to fire and fire extinguisher basics and demonstrates the techniques used to extinguish a fire.

- Fire and fire extinguisher basics
- When to fight a fire
- · When to evacuate
- Fire extinguisher operation

► Duration: 20 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Powered Industrial Truck Safety

This online Powered Industrial Truck Safety course demonstrates various powered industrial trucks (PITs) and provides information on requirements and strategies for safe operation.

- PIT types and their purpose
- Operating PITs
- Maintenance, refuelling, and recharging
- Conditions that contribute to PIT accidents

► Duration: 25 Mins

- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Pressure Fittings Design Registration

This course covers which pressure fittings require registration and which documents must be included in the design registration package. Knowledge gained from this course assists in successfully registering a pressure fittings design the first time.

- What pressure fittings are
- Pressure fittings design registration requirements
- Completion of the AB-41 form
- Other documentation required for registration

► Duration: 45 Mins

► Duration: 30 Mins

► Passing Mark: 80%

► Developed By: ABSA



Pressure Piping Design Registration

This course covers which pressure piping systems require registration and which documents must be included in the design registration package. Knowledge gained from this course assists in successfully registering a pressure piping design the first time.

- · Systems that require design registration
- Registration exempt designs
- Pressure piping design registration documentation
- Additional requirements when piping test procedures other than hydrostatic testing is proposed
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: ABSA

Process Safety Management

This online Process Safety Management course explains the role process safety management programs play in preventing chemical releases, and teaches you how to create and execute these programs.

- The purpose of process safety management
- Requirements of an effective process safety management
- Information required in written operating procedures
- Employer responsibilities
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Professional Driver Improvement: Condensed (PDIC)

\$70.00

Designed specifically for professional truck drivers, this online course highlights the internationally recognized SAFER system of defensive driving.

- SAFER system of defensive driving
- Anti-lock brakes and air bags
- Skid control theory
- Jackknifing
- ► Duration: 3 Hours
- ► Passing Mark: 80%
- ► Developed By: Fleet Safety International



Propane Handling & Exchange

This online course explains how to safely inspect, handle, and exchange propane cylinders, as well as deal with any related emergency situations.

- The science of propane
- Components of vapour withdrawal systems
- Inspection of cylinders
- Emergency situations and first aid
- ► Duration: 2 Hours
- ► Passing Mark: 80%
- ► Developed By: HRS Group Inc.



Province of Alberta Pressure Equipment Design Registration Requirements

\$250.00

This online Pressure Equipment Design Registration Requirements course takes learners step-by-step through the process of compiling a completed registration package for the design registration of pressure equipment.

- Introduction to Design Registration
- Boiler and Pressure Vessel Design Registration
- Pressure Fittings Design Registration
- Pressure Piping Design Registration
- Repair and Alteration Design Registration
- ► Duration: 4 Hours ► Passing Mark: 80%

► Developed By: ABSA



Radio Communications

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\$43.95

This online Radio Communications course outlines key operator responsibilities and provides an introduction to radio communication protocol and requirements.

- Operator responsibilities
- Message priorities and content
- · Calling and answering
- Radio code words
- ▶ Duration: 20 Mins

► Passing Mark: 80%

Registration

► Developed By: Vivid Learning Systems



Recording and Reporting of Occupational Illnesses and Injuries

\$19.95

This online Recording and Reporting of Occupational Illnesses and Injuries course is intended to provide workers with an understanding of OSHA's illness and injury reporting scheme.

- Why record and report?
- Who is responsible for reporting?
- What do the OSHA standards say?
- What responsibilities do I have?
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



What repairs and alterations are

repair or alteration design the first time.

Repair and Alteration Design

• Repair and alteration design registration requirements

This course covers which repairs and alterations require

included in the design registration package. Knowledge gained from this course assists in successfully registering a

registration and which documents are required to be

- Completion of the AB-31 form
- Required documentation
- ► Passing Mark: 80%

► Developed By: ABSA



Respiratory Protection

\$29.9

This online Respiratory Protection course applies to anyone who is or may be exposed to air contaminants above the permissible or suggested exposure limits.

- How to properly select, inspect, and store respirators
- Ensuring a proper fit
- Respirator capabilities and limitations
- What to do if a respirator malfunctions

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



► Duration: 75 Mins

Respiratory Protection: PPE Workplace Safety

\$49.9

This online course helps learners recognize and respond to respiratory hazards, including atmospheres immediately dangerous to life or health (IDLH). This course covers the key elements required by OSHA for respiratory protection training.

- Respiratory hazards
- Respiratory protection
- Special PPE considerations
- Why a medical evaluation is necessary
 - ► Passing Mark: 80%
- ► Developed By: JJ Keller



Rough Terrain Cranes

\$89.95

This online Rough Terrain Cranes course covers important aspects of rough terrain cranes including their components, hazards, rigging, and operation.

- Safe operation
- Rigging practices
- Common hazards
- Set-up considerations
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: Hard Hat



Safe Backing Procedures and Blind Spots

\$64.95

This online Safe Backing Procedures and Blind Spots course provides important information to individuals operating motor vehicles for both company and personal use.

- Causes of backing collisions
- Pre-backing preparation
- Exploring internal and external vehicle blind spots
- Driver situational awareness
- ► Duration: 90 Mins
- ► Passing Mark: 80%
- ► Developed By: CAE Safety Consulting Inc.



Safe Driving Behaviors for Commercial Motor Vehicles

This online Safe Driving Behaviors for Commercial Motor Vehicles (CMVs) course identifies undesirable driving habits that cause commercial motor vehicle incidents and provides strategies to avoid them.

- Behaviors that cause crashes
- Pre-trip responsibilities
- Safe driver responsibilities and desired driving behaviors
- Responding to potential roadway hazards
- ► Duration: 35 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Safe Slinging and Rigging

\$199.95

This online Safe Slinging and Rigging course covers the regulations, practices, and techniques required to safely sling and rig loads.

- Pre-lift hazard assessments
- Wire rope construction
- Types of rigging hitches
- Crane and hoist signals

► Duration: 5.5 Hours

► Passing Mark: 80%

► Developed By: Crane Safety



Safety Audits

This online Safety Audits course helps you understand the purpose and importance of safety audits, as well as how to plan and conduct them.

- Objectives of a safety audit program
- Planning and conducting safety audits
- Inspecting the work area
- Completing the audit report
- **Duration:** 25 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Safety Construction Orientation Training (SCOT)

\$49.95

The online Safety Construction Orientation Training (SCOT) program is an interactive, online training course composed of 13 modules, each focused on a different fundamental aspect of work site safety.

- Legal and ethical responsibilities of workers and employers
- General tool safety guidelines
- The impact of drugs and alcohol
- Basic PPE
- ► Passing Mark: 100%

► Developed By: SCSA



Safety Moments

\$79.95

Safety Moments are a series of short, online safety videos that can be used to kick off your meetings with dynamic, thought-provoking safety points that are great for on- or off-the-job.

- Driver distraction
- Protect your head
- Repercussions of your actions
- Animals on the road
- ► Passing Mark: N/A
- ► Developed By: Safety Health Publishing Inc.



Safety Orientation

This online course addresses two of the most prominent safety issues confronting employers today: developing a good safety attitude in their employees and providing introductory safety training.

- Developing safety awareness
- Hazard evaluation
- Tool use and maintenance
- Use of personal protective equipment
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed Bv: JJ Keller



Safety Showers and Eye Washes

This online course reinforces the importance of safety showers and eye washes by reviewing situations where this equipment should be used. It also covers types of showers and eye washes and how to use them properly.

- How to correctly operate showers and eye washes
- Appropriate shower and eye wash techniques
- Helping an accident victim
- Maintenance and testing of showers and eye washes
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Scaffold Safety

This online Scaffold Safety course explains types of scaffolding, associated risks, and their proper use.

- Scaffold hazards
- Required safe practices for working on or near scaffolds
- Fall protection
- Designing and inspecting scaffolds
- ► Duration: 35 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Scaffolds for Construction

This online Scaffolds for Construction course is designed to assist in the identification and control of scaffold-related hazards in construction workplaces.

- Common types of scaffolds
- Scaffold-related hazards
- Safety measures when working with scaffolds
- Scaffold assembly, access, and disassembly
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

School Bus Inspections

This online course covers vital inspection information and is an excellent review of pre- and post-trip inspections and on-the-road-checks.

- Pre-trip, under the hood, and engine start-up inspections
- Vehicle documentation
- The child check-mate system
- On-the-road checking procedures
- ► Duration: 40 Mins
 - ► Passing Mark: 80%
- ► Developed By: Fleet Safety International



Scissor Lifts in Industrial and **Construction Environments**

This online course introduces workers to scissor lifts, makes them aware of the hazards associated with these lifts, and gives them the information they need to work safely when using or working near one.

- Hazards associated with scissor lift use
- Pre-start and work site inspections
- · Setting up, operating, and moving a scissor lift
- · Working on the ground near a scissor lift

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Sexual Harassment Awareness for Supervisors

This comprehensive 2-part Sexual Harassment Awareness for Supervisors course covers harassment and retaliation situations, supervisor responsibilities, and employee complaint procedures.

- Types of harassment
- Laws, policies, and procedures
- Responsibilities and liabilities
- Confidentiality

► Duration: 2 Hours

► Passing Mark: 100%

► Developed By: Workplace Training Network



Shipping Dangerous Goods by Air

This online Shipping Dangerous Goods by Air course is designed to introduce new workers to regulations and procedures for packaging and preparing documentation required to ship dangerous goods by air.

- Federal and international regulations
- Classification of dangerous goods
- Marking and labeling
- Releases and reporting
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Shipping Dangerous Goods by Ground

This online Shipping Dangerous Goods by Ground course provides information on the Transportation of Dangerous Goods Regulations as they pertain to ground shipments in Canada.

- Federal TDG regulations and their application
- Classification of dangerous goods
- Marking and labeling
- Releases and reporting
- ► Duration: 2.5 Hours ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Shipping Dangerous Goods by Sea

This online Shipping Dangerous Goods by Sea course is ideal for the beginner or anyone wanting to become familiar with the IMDG regulations for shipping dangerous goods by water.

- Classification of dangerous goods
- Packaging selection and standards
- Marking and labeling
- · Loading and segregation
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Shipping Dangerous Goods by Sea Refresher

\$185.00

This course covers shipment of dangerous goods by sea. It is intended as a refresher program that provides regulation updates to individuals who have prior shipping of dangerous goods by sea training.

- Classification of dangerous goods
- Packing dangerous goods
- · Marking and labeling
- · Loading and unloading
- ► Duration: 2 Hours ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Shipping Hazardous Materials by Ground (USA)

\$175.00

This online Shipping Hazardous Materials by Ground course is designed for individuals who are responsible for shipping, handling, packaging, transporting, or preparing shipping documents for hazardous goods being shipped by ground in the US.

- Federal TDG regulations and their application
- Classification of dangerous goods
- Marking and labeling
- Releases and reporting
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



► Duration: 3.5 Hours

Shipping Hazardous Materials by Ground and Air

This course covers information on shipping hazardous materials by ground in the US and by air using the IATA regulations. If you are responsible for the packaging, handling, or transporting of hazardous materials by ground or air, then this course is for you.

- Introduction to the 49 CFR and IATA regulations
- Administrative requirements
- Using the hazardous materials table
- · Security awareness
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center



Shipping Infectious Substances

\$135.00

To ensure the safety of the public, special rules apply to the transport of biological substances as well as the cooling agents often used to preserve them. This course covers both ground and air requirements for shipping infectious substances.

- National and international regulations
- Classification of biological substances and materials
- Transport documents
- Reporting requirements
- ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center

RAINING PING RADIOACTIVE SUBSTANCES

SAFET

Shipping Radioactive Substances by Ground and Air

This online course provides information for shipping radioactive substances by ground and air in Canada under Transportation of Dangerous Goods Regulations.

- Definitions, enforcement, and consequences
- RAM packaging
- Shipping documents and declarations
- Loading and segregation
- ► Duration: 90 Mins ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center

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Signal Person & Crane Operations

\$145.00

This online Signal Person & Crane Operations course covers not only hand and voice signals, but also types of cranes, basic commands, cranes parts and capacities, quadrants of operations, and dynamic loading.

- Hand and voice signals
- Moving a load
- Knots, hitches, and taglines
- Crane operation
- ► Duration: 4 Hour
- ► Passing Mark: 80%
- ► Developed By: Industrial Training International



Sit-Down Forklifts

This online Sit-Down Forklift course covers important aspects of sit-down forklifts including their inspection, safe operation, maintenance, and components.

- Stability
- Safe load handling
- Hazards
- Inspections and records
- ► Duration: 90 Mins
- ► Passing Mark: 80%

► Developed By: Hard Hat



Slips, Trips, and Falls

\$49.9

This online Slips, Trips, and Falls course helps employees identify hazardous conditions and unsafe practices that can lead to slips, trips, and falls in the workplace.

- Good housekeeping
- Floor openings and other hazards
- Employer and worker responsibilities
- · Appropriate behaviour
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Speed & Space Management

\$49.95

This course is designed to help drivers understand how speed and space management can impact their ability to react to hazards and stop when needed.

- Consequences of poor space and speed management
- Perception, reaction, and braking distances
- Calculating following distance based on various factors
- Space cushions
- ► Duration: 30 Mins
- ► Passing Mark: 80%

► Developed By: JJ Keller



Spill Prevention, Control, and Countermeasure Plans

\$59.9

This online Spill Prevention, Control, and Countermeasure Plans course helps learners identify the causes and effects of spillage and understand regulations and requirements for prevention plans.

- Effects of spilled oil
- Applicable laws and regulations for spill prevention
- Stopping a spill from reaching the environment
- Facility shutdowns and evacuations
- ► Duration: 25 Mins
- ► Passing Mark: 80%
- ► Developed By: Vivid Learning Systems



Stairways and Ladders for Construction

\$49.9

This online Stairways and Ladders for Construction course teaches the importance of stairway and ladder safety on construction work sites.

- Recognizing and minimizing stairway and ladder hazards
- Proper ladder construction, use, placement, and care
- Rules and measures for preventing injury
- Choosing appropriate equipment for the job
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Standard First Aid

\$184.95

Available in Alberta, Saskatchewan, and Manitoba, this blended learning Standard First Aid course covers information needed to respond to a medical emergency either on the job or at home. Additional in-class training is required.

- Fractures, dislocations, and sprains
- Heart attacks, angina, and strokes
- Wounds and bleeding
- Head and spinal injuries
- ► Passing Mark: 80% ► Developed By: Inter Provincial Safety Resources



Standard First Aid Recertification

\$159.9

For current Alberta Standard First Aid certificate holders, this Alberta Standard First Aid Recertification course includes an online pre-examination theory review, an in-class skills refresher, a practical skills assessment, and a written Alberta Standard First Aid theory exam.

- Assessing the scene
- Head injuries
- Heart attacks
- Poisoning
- Hours ► Passing Mark: 80%
- ► **Developed By:** Inter Provincial Safety Resources



Standard First Aid with CPR and AED

\$129.95

Available in Alberta, Ontario, PEI and Manitoba, this Standard First Aid course covers information needed to respond to a medical emergency. To receive Standard First Aid certification, both the online theory and an in-class training session must be successfully completed.

- Emergency scene management
- Head, spine, and pelvic injuries
- Shock, fainting, and unconsciousness
- CPR and AED
- ► Duration: 8 Hours ► Passing Mark: 80%
- ► Developed By: Rescue 7



Stand-Up Forklift

\$89.9

This online Stand-Up Forklift course covers the anatomy, operation, inspection, and hazards of powered industrial trucks, also known as fork trucks, lift forks, or forklifts.

- Stand-up forklift components
- Forklift stability
- Common hazards
- Safe operation
- n: 90 Mins Passing Mark: 80%
- ► Developed By: Hard Hat



Stormwater Management

This online Stormwater Management course introduces you to stormwater pollution prevention plans, best management practices, good housekeeping, and procedures for fuelling vehicles and equipment.

- Stormwater discharge requirements
- Components of stormwater pollution prevention plans
- Best management practices
- Spill response procedures
- ► Duration: 25 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Struck-By Hazards in Construction

This online course is designed to teach you how to recognize and avoid struck-by hazards resulting from flying, falling, swinging, and rolling objects

- Major types of struck-by hazards in construction
- Protecting yourself from struck-by hazards
- Employer requirements to protect workers
- OSHA regulation 1926 Subparts E, G, H, I, L, O, Q, R, S, V, X, and CC
- ► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



Substance Abuse Awareness for Employees

This online Substance Abuse Awareness for Employees course explains the dangers of substance abuse at work, the effect a company's substance abuse policy has on workers, and the worker's role to comply with that policy.

- Substance abuse statistics
- The impact of substance abuse in the workplace
- The purpose of substance abuse policies
- Seeking help for substance abuse
- Duration: 60 Mins
- ► Passing Mark: 80%

► Developed By: JJ Keller



Substance Abuse Awareness for Supervisors

This online Substance Abuse Awareness for Supervisors course helps supervisors understand how to recognize, document, and handle workplace situations involving substance abuse.

- Elements of effective substance abuse policies
- Signs of substance abuse
- Independent observation and reasonable suspicion
- Employee confrontation

Duration: 60 Mins

► Passing Mark: 80%

► Developed By: JJ Keller



► Duration: 60 Mins

Supervisor Skills

Every job has its own challenges. However, as a supervisor your toughest challenge will likely be the management of your employees.

- · Resolving conflict between employees
- Dealing with difficult employees Discipline and termination
- Crisis management

► Passing Mark: 80%

► Developed By: Custom Learning Solutions Inc.



TDG for Shippers, Carriers, Receivers, and Handlers

This course provides learners with a thorough understanding of each part of the TDG regulations and how these regulations apply to them and the dangerous goods they handle.

- Responsibilities
- Safety marks
- Special cases
- Inspections
- ► Duration: 3 Hours

► Passing Mark: 80%

► Developed By: Global Hazmat Inc.



Telescopic Handler

This online Telescopic Handler course covers important aspects of telescopic handlers including components, inspections, records, hazards, safe operation, and loading.

- Forklift stability
- Safe load handling
- Safe operation
- Inspections and records

► Duration: 90 Mins

► Passing Mark: 80%

► Developed Bv: Hard Hat



Time Management

\$19.95

Time Management is the ability to be highly effective with your time. This course was developed for people who want to improve their productivity and effectiveness.

- Time management defined
- Why managing your time is so important
- Common obstacles to effective time management
- 10 effective strategies for improving time management

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: BIS Training Solutions



Traffic Control Persons for Construction

This online Traffic Control Persons for Construction course explains the techniques, equipment, and legal requirements for traffic control persons in a construction environment.

- Safety equipment
- Stop-slow signs and hand signals
- Job preparation
- Traffic control systems
 - ► Passing Mark: 80%
- ► Developed By: HRS Group Inc.

Transport de matières infectieuses

\$135.00



- Structure des règlements nationaux
- Responsabilités de l'expéditeur et du transporteur
- ► Duration: 90 Mins ► Passing Mark: 80%
- ► Developed By: ICC Compliance Center

Transportation of Dangerous Goods

\$34.95

This online Transportation of Dangerous Goods course is designed to teach individuals about regulations governing the transportation of dangerous goods within Canada.

- Dangerous goods classification
- Placards and UN numbers
- Label requirements
- Packaging and vessel requirements

▶ Duration: 3.5 Hours

► Passing Mark: 80%

► Developed By: Wheels On



Transportation of Dangerous Goods in Small Quantities

Vehicle-Mounted Aerial Lifts

\$75.00

In addition to covering the basic requirements of the TDG regulations, this online course explains specific procedures for limited, small, excepted, and de minimis quantities as well as consumer commodities.

- Limits for qualification
- · Packaging requirements
- Shipping papers and labels
- TDG regulations

► Duration: 90 Mins

▶ Passing Mark: 80%

► Developed By: ICC Compliance Center



Transportation of Dry Ice

\$65.95

Did you know that dry ice is classified as a dangerous good? If you handle, offer for transport, or transport dangerous goods, you must be trained and certified. This online Transportation of Dry Ice course is designed to teach you how to ship goods with dry ice by ground and air.

- · National and international regulations
- Shipper and carrier responsibilities
- Marking and labeling
- Exceptions from regulations
- ► Duration: 75 Mins ► Passing Mark: 80%

► Developed By: ICC Compliance Center



This online Vehicle-Mounted Aerial Lifts course covers important aspects of vehicle-mounted aerial lifts including inspections, records, hazards, safe operation, rigging, and components.

- Platform and controls
- Critical lifts
- Aerial lift hazards
- Safe operation

► Passing Mark: 80%

► Developed By: Hard Hat



RAINING

ALKING-WORKING SURFACES

► Duration: 30 Mins

Walking-Working Surfaces

Covering the basic requirements under OSHA regulations for Walking-Working Surfaces Part 1910.21-1910-30, this online course covers workplace requirements and hazards related to slips, trips, and falls, as well as working with items such as ladders, stairs, and scaffolds.

- Hazards
- Guarding floor and wall openings and holes
- Ladders
- Scaffolds
- ► Passing Mark: 80%

► Developed By: ICC Compliance Center



system discharge. Wastewater sources

Management

• Stormwater discharge and industrial contaminants

This online Wastewater and Stormwater Management

requirements related to wastewater, stormwater, and septic

course provides background on regulations and

• Stormwater pollution prevention plans

Wastewater and Stormwater

· Permitting requirements

► Duration: 35 Mins

► Passing Mark: 80%

► Developed By: Vivid Learning Systems



Weights and Dimensions

Designed for carriers and commercial vehicle drivers, this course covers Alberta's Weights and Dimensions regulations in preparation for a National Safety Code Audit in Alberta (ARC).

- Legal dimensions and configurations
- Conditions for over-dimensional loads
- Legal weights and configurations
- Road bans and TAC permits

▶ Duration: 2 Hours

► Passing Mark: 80%

► Developed By: CayCan Safety



Welding Safety

This online Welding Safety course describes the hazards associated with welding and provides information needed to work safely when performing welding operations.

- Welding hazards including sparks, fires, and fumes
- Welding equipment inspections
- Proper safety procedures
- Use of controls including protective barriers and PPE

► Duration: 45 Mins

► Passing Mark: 80%

► Developed By: JJ Keller

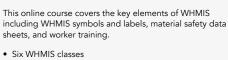


Wellness and Fitness

Studies have shown that accidents and injuries occur less frequently with employees who are healthy and in good shape. This online course explains how small changes in lifestyles can significantly improve employee safety records.

- The importance of attitude
- High blood pressure and other stress-related conditions
- Effects of smoking and drug and alcohol use
- Nutrition, weight control, and exercise
- ► Duration: 45 Mins
- ► Passing Mark: 80%
- ► Developed By: JJ Keller

WHMIS



- Eight hazard symbols
- Roles and responsibilities
- MSDS
- ► Duration: 60 Mins
- ► Passing Mark: 80%
- ► Developed By: Wheels On

WHMIS & TDG

This online WHMIS and TDG combination course provides a comprehensive understanding of both the Workplace Hazardous Materials Information System and regulations for the transportation of dangerous goods within Canada.

- What is WHMIS?
- WHMIS labels and symbols
- TDG regulations
- Placards, labels, and safety marks

► Duration: 4.5 Hours

- ► Passing Mark: 80%
- ► Developed By: Wheels On



WHMIS Awareness

Aimed at workers or handlers of hazardous products, this online course provides general awareness training under WHMIS requirements.

- Canadian federal and provincial regulations
- Responsibilities of suppliers, employers, and workers
- Workplace labelling options
- Material safety data sheets
- ► Duration: 2 Hours
- ► Passing Mark: 80%

► Developed By: ICC Compliance Center



WHMIS in the Workplace

Ideal for both refresher training and those who are new to WHMIS, this comprehensive online WHMIS in the Workplace course covers the essentials of the Workplace Hazardous Materials Information System.

- WHMIS purpose and responsibilities
- Classes of controlled products
- WHMIS symbols and labels
- Implementing WHMIS in the workplace

► Duration: 60 Mins

► Passing Mark: 80%

► Developed By: SDI Team



WHMIS Training for Employees

This course explains what WHMIS is, the importance of each part of WHMIS legislation, how to apply the system to the workplace, and how to work safely with or near controlled products.

- Training and education
- Classification
- Labels
- · Rights and responsibilities

► Passing Mark: 90%

► Developed By: Global Hazmat Inc.



Wilderness & Bear Awareness

This online Wilderness Awareness course provides essential information for people working or enjoying recreational activities in wilderness environments

- Responding to wildlife encounters
- Signalling for help
- Safe drinking water
- Building shelters in the winter and summer

► Duration: 2.5 Hours

► Passing Mark: 80%

► Developed By: Safety Health Publishing Inc.



Winter Driving

This online Winter Driving course is designed for workers and individuals who wish to review and enhance their winter driving knowledge.

- Preparing for winter driving conditions
- Getting unstuck
- Trapped in a blizzard
- Defensive driving

► Duration: 90 Mins

► Passing Mark: 80%

► Developed By: Fleet Safety International



Winter Driving Fundamentals

This online Winter Driving Fundamentals course explores the main risks associated with winter driving and offers simple solutions to reduce winter driving risk.

- Winter driving conditions
- Traction and control
- Elements of control
- Driving skills

► Duration: 30 Mins

► Passing Mark: 80%

► Developed By: Thinking Driver



► Duration: 45 Mins

Winter Safety

Individuals miss more work as a result of off-the-job accidents than on-the-job injuries. This online Winter Safety course explains how to plan ahead, look for potential hazards, and avoid dangerous situations that occur during the winter holiday season.

- Christmas tree, candle, and chimney fire hazards
- Safe use of extension cords and outlets
- Walking and driving in ice and snow
- Dressing for cold weather
- - ► Passing Mark: 80%
- ► Developed By: JJ Keller



Workplace Harassment and **Violence Prevention**

Designed for Canadian audiences, this online course comprising both the Harassment Prevention and Workplace Violence Awareness and Prevention courses provides effective ways to recognize, prevent, and respond to harassment and violence in the workplace.

- Understanding harassment and workplace violence
- Impact, intent, and warning signs
- Supervisor responsibilities and recommended practices
- Harassment and violence prevention tips
- ► Passing Mark: 80%
- ► Developed By: Workplace Training Network



Workplace Harassment Prevention (U.S.)

\$24.95

This online Workplace Harassment Prevention course defines and demonstrates various types of harassment as well as explains supervisor responsibilities, employee complaint procedures, and the potential for legal exposure.

- Harassment and retaliation
- Impact and intent
- Responsibilities and liabilities
- Complaint procedures
- ► Duration: 60 Mins
- ► Passing Mark: 100%
- ► Developed By: Workplace Training Network



Workplace Stress

\$49.95

This online Workplace Stress course helps employees identify potentially stressful situations and learn how to cope with them.

- Positive versus negative stress
- Effects of stress on the mind and body
- · Eliminating stress factors
- Stress-relieving exercises
- ► Duration: 45 Min:
- ► Passing Mark: 80%
- ► Developed By: JJ Keller



Workplace Violence Awareness and Prevention

Designed for Canadian audiences, this online course offers a well-rounded approach to the prevention of workplace violence incidents by helping to make a workforce knowledgeable, watchful, and committed to creating a safe workplace.

- What is workplace violence?
- Warning signs
- Recommended supervisor responses
- Tips for preventing escalation
- ► Passing Mark: 80%
- ► Developed By: Workplace Training Network



ALL This online Wilderness Awareness course provides essential information for people working or enjoying recreational activities in wilderness environments. This course covers the fundamentals you need to survive including responding to wildlife encounters, building shelters, signalling for help, obtaining safe drinking water, and surviving emergency situations in the outdoors.

This online course provides information that will prepare you to handle situations that you may encounter when working, hunting, camping, or travelling in bear country. In addition to teaching you about the general characteristics and habits of bears, you will learn how to recognize and react to both defensive and non-defensive

attacks to ensure you make it home safely.